

Truffle festival gets real

Two local food identities are about to debunk some urban myths at the Mundaring Truffle Festival at the end of the month. Dietitian and public speaker Julie Meek will be separating food fact from fiction, which is also the subject of her new book, *Truth, Lies and Chocolate*, and plans to dispel some common food fairytales, such as artificial sweeteners cause cancer.

Bruce Mullan is a leading expert on pork and also will dispel some myths, such as whether eating your pork pink is safe (it is). Dr Mullan will be joined by resident Australian Pork Limited "PorkStar" and Restaurant Amuse chef Hadleigh Troy.

Ms Meek will speak at 2pm and Dr Mullan at 4pm, on August 1 in the Food for Thought tent at the festival.

For more information visit www.mundaringtrufflefestival.com



Bruce Mullan and Julie Meek